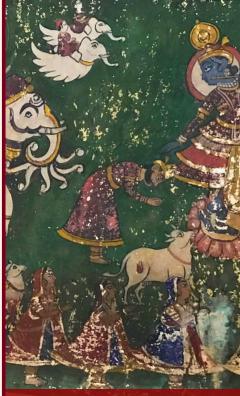
In the lap of Heritage...In the Season of Love

VEDAARANYA Heritage and Healing Festival VHAH FEST FEB 12–15, 2021 SUPPORTING CULTURE FROM THE GRASSROOTS

@ Ramgarh Shekhawati & Worldwide Online Folk-Classical Performances Learning Heritage Practices Healing - Chanting, Ayurveda, Yoga Talks/Lec-Dems/Panels Heritage Walks-Camel Rides Art and Craft Workshops Music-Dance-Theatre Local Heritage Cuisine Heritage Living & Celebrations



SHRUTI FOUNDATION in collaboration with GOVT. OF RAJASTHAN INTACH SHEKHAWATI , LIFE POSITIVE WICCI HERITAGE AND CULTURE CIUNCIL www.shrutifoundation.org | www.vedaaranya.com

VHAHFEST@GMAIL.COM | +91-8076312793

THE SETTING

HERITAGE HAVELIES Forts. Chhatries. Temples -Celebrations. Fabulous cuisine & Heritage Hospitality in "The Wonderland of Heritage". Ramgarh Shekhawati. Rajasthan

> THE FESTIVAL WILL ALSO SIMULTANEOUSLY BE Streaming online with two tracks site 1 – Live from Ramgarh Shekhawatls site 3– Workshops (online and live)

> > Shruti Foundation | Govt. of Rajasthan WICCI Heritage and Culture Ciuncil Life Positive

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COURTYARD AND ONLINE PANELS

- 1. THE SCIENCES OF HOLISTIC HEALTH IN HERITAGE LIFESTYLES
- 2. Heritage Arts as a Holistic Medium of Pedagogy
- 3. REVISITING EDUCATION CULTURE LEARNING FROM HERITAGE PRACTICES
- 4. SANSKRIT AND THE BEDROCK OF CIVILIZATION
- 5. SAVING VANISHING TRADITIONS IN LITERATURE AND ART NARRATIVES
- 6. The Art and Science of Holistic Cuisine
- 7. INDIGENOUS KNOWLEDGE SYSTEMS FOR IMMUNITY DEVELOPMENT
- 8. Heritage Sciences and Technologies for Holistic Health
- 9. SECRETS OF MENTAL HEALTH FROM ANCIENT WISDOM & INDIGENOUS PRACTICES
- 10. Attitudinal Transformation with wisdom from the Upanishads
- 11. Understanding nature and Energy from Traditional Methodologies
- 12. HERITAGE SECRETS FOR HEALTH TRANSFORMATION
- 13. ARCHITECTURE AND WELLBEING
- 14. HERITAGE BUILDING TECHNOLOGIES
- 15. Conserving Diversity in the Arts and Crafts
- 16. INNOVATION IN HERITAGE ARTS

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WORKSHOPS/DEMOS/PRESENTATIONS

- **1. VIBRATIONAL CURES OF MIND-BODY HEALTH CONDITIONS**
- 2. HERITAGE RECIPES FOR HEALING
- 3. UNDERSTANDING HUMAN EVOLUTION WITH THE DASHAVATARA FRESCOES IN THE

CHHATRIES OF SHEKHAWATI

- 4. HERITAGE CONSERVATION AND RESTORATION
- S. EVOLUTION OF SHEKHAWATI ART THROUGH WALL PAINTINGS OF RAMGARH SHEKHAWATI
- 6. COMPREHENDING THE ENERGIES OF HOLISTIC SPACES
- 7. INDIC HEALING SCIENCES
- **B. LEARN POTTERY**
- 9. LEARN WEAVING WITH RECYCLED MATERIAL
- 10. LEARNING TRADITIONAL DOLL MAKING

11. LEARN ALA GILA LIME PAINTING TECHNIQUE

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PERFORMANCES

WE WILL BE FULFILLED IN THE SEASON OF BASANT RITU WITH Sringaar Rasa – The essences and the colours of beauty. Wellbeing, love and celebration with performances by –

- PADMASHREE GURU SHOVAN NARAYAN- SHIVA AND THE RASA of Wellbeing
- PDMA SHREE GEETA CHANDRAN A CLASSICAL ODYSSEY
- RAMA PANDEY PERFORMING "RAMGARH EK KATHA" (Musical theatre incorporating he folklore and traditions of Rajasthan)
- MEETA PANDIT THE SOUL OF IPERFORMANCE
- BHOPA BHOPI RAJASTHANI FOLK TRIBAL MUSICIANS
- MANGANIYAARS AND KAALBELIYA DANCERS
- SHRUTI NADA PODDAR VEDIC CHANTING WITH SHEKHAWATI
 WOMEN AND CHILDREN

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www.shrutifoundation.org | www.vedaaranya.com vhahfest@gmail.com | +91-8076312793 FOR MORE INFORMATION. SPEAKER REGISTRATION & Accommodation VISIT-WWW.VEDAARANYA.COM

WWW.SHRUTIFOUNDATION.ORG Contact-Vhahfest@gmail.com Call: +91-8076312793 Whatsapp+91-9310795919

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Organised by Shruti Foundation and Govt. of Rajasthan in collaboration with INTACH SHEKHAWATI CHAPTER WICCI Heritage and Culture Ciuncil Life Positive