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Heal

In the lap of Heritage... In the Season of Love

VEDAARANYA
Heritage and Healing Festival

VHAH FEST

FEB 12-15, 2021

**SUPPORTING CULTURE
FROM THE GRASSROOTS**

@ Ramgarh Shekhawati
& Worldwide Online

Folk-Classical Performances
Learning Heritage Practices
Healing - Chanting,
Ayurveda, Yoga
Talks/Lec-Dems/Panels
Heritage Walks-Camel Rides
Art and Craft Workshops
Music-Dance-Theatre
Local Heritage Cuisine
Heritage Living & Celebrations



SHRUTI FOUNDATION
in collaboration with
GOVT. OF RAJASTHAN

**INTACH SHEKHAWATI, LIFE POSITIVE
WICCI HERITAGE AND CULTURE COUNCIL**
www.shrutifoundation.org | www.vedaaranya.com

VHAHFEST@GMAIL.COM | +91-8076312793



THE SETTING

LIVE ON-SITE EXPERIENCE OF

HERITAGE HAVELIES

FORTS, CHHATRIES, TEMPLES

-CELEBRATIONS, FABULOUS CUISINE & HERITAGE HOSPITALITY

IN "THE WONDERLAND OF HERITAGE",

RAMGARH SHEKHAWATI, RAJASTHAN

THE FESTIVAL WILL ALSO SIMULTANEOUSLY BE

STREAMING ONLINE WITH TWO TRACKS

SITE 1 - LIVE FROM RAMGARH SHEKHAWATI

SITE 3- WORKSHOPS (ONLINE AND LIVE)



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COURTYARD AND ONLINE PANELS

1. THE SCIENCES OF HOLISTIC HEALTH IN HERITAGE LIFESTYLES
2. HERITAGE ARTS AS A HOLISTIC MEDIUM OF PEDAGOGY
3. REVISITING EDUCATION CULTURE - LEARNING FROM HERITAGE PRACTICES
4. SANSKRIT AND THE BEDROCK OF CIVILIZATION
5. SAVING VANISHING TRADITIONS IN LITERATURE AND ART NARRATIVES
6. THE ART AND SCIENCE OF HOLISTIC CUISINE
7. INDIGENOUS KNOWLEDGE SYSTEMS FOR IMMUNITY DEVELOPMENT
8. HERITAGE SCIENCES AND TECHNOLOGIES FOR HOLISTIC HEALTH
9. SECRETS OF MENTAL HEALTH FROM ANCIENT WISDOM & INDIGENOUS PRACTICES
10. ATTITUDINAL TRANSFORMATION WITH WISDOM FROM THE UPANISHADS
11. UNDERSTANDING NATURE AND ENERGY FROM TRADITIONAL METHODOLOGIES
12. HERITAGE SECRETS FOR HEALTH TRANSFORMATION
13. ARCHITECTURE AND WELLBEING
14. HERITAGE BUILDING TECHNOLOGIES
15. CONSERVING DIVERSITY IN THE ARTS AND CRAFTS
16. INNOVATION IN HERITAGE ARTS

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WORKSHOPS/DEMOS/PRESENTATIONS

1. VIBRATIONAL CURES OF MIND-BODY HEALTH CONDITIONS
2. HERITAGE RECIPES FOR HEALING
3. UNDERSTANDING HUMAN EVOLUTION WITH THE DASHAVATARA FRESCOS IN THE CHHATRIES OF SHEKHAWATI
4. HERITAGE CONSERVATION AND RESTORATION
5. EVOLUTION OF SHEKHAWATI ART THROUGH WALL PAINTINGS OF RAMGARH SHEKHAWATI
6. COMPREHENDING THE ENERGIES OF HOLISTIC SPACES
7. INDIC HEALING SCIENCES
8. LEARN POTTERY
9. LEARN WEAVING WITH RECYCLED MATERIAL
10. LEARNING TRADITIONAL DOLL MAKING
11. LEARN ALA GILA LIME PAINTING TECHNIQUE

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PERFORMANCES

WE WILL BE FULFILLED IN THE SEASON OF BASANT RITU WITH SRINGAR RASA - *THE ESSENCES AND THE COLOURS OF BEAUTY, WELLBEING, LOVE AND CELEBRATION WITH PERFORMANCES BY -*

- PADMASHREE GURU SHOYAN NARAYAN- SHIVA AND THE RASA OF WELLBEING
- PDMA SHREE GEETA CHANDRAN - A CLASSICAL ODYSSEY
- RAMA PANDEY PERFORMING "RAMGARH - EK KATHA" (*MUSICAL THEATRE INCORPORATING THE FOLKLORE AND TRADITIONS OF RAJASTHAN*)
- MEETA PANDIT - THE SOUL OF PERFORMANCE
- BHOPA BHOPI - RAJASTHANI FOLK TRIBAL MUSICIANS
- MANGANIYAARS AND KAALBELIYA DANCERS
- SHRUTI NADA PODDAR - *VEDIC CHANTING WITH SHEKHAWATI WOMEN AND CHILDREN*

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FOR MORE INFORMATION,
SPEAKER REGISTRATION
& ACCOMMODATION
VISIT-
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